



To all clients of Lichtstad Midwives

Subject: update changes measures Coronavirus as of 15-06-20

Dear clients,

This week it was announced that, as a result of the national easings, there are also regional changes as of 15-06-20.

This means that from that date on top of the previous extension:

- With all echo's partners may be present again. (The previous advice that this was only allowed for a number of medical ultrasounds proved unworkable).
- All visits after birth may be carried out at your home instead of by telephone.

At all care moments, observe the Government and RIVM rules:

- Come as much as you can alone.
- Keep as much as 1.5 meters distance.
- Cough or sneeze in the elbowfold.
- Use paper handkerchiefs and discard them immediately after use.
- Wash hands regularly and/or rub them in with hand alcohol.
- If there is someone in your family with COVID-19 complaints, please report this to us in time so that we can take our precautions: 06-21531010.

Questions? You can reach us at: 06-21531010. Non urgent questions please in the telephone consultation hour from 19:00 to 20:00pm. This makes that we are not unnecessarily disturbed in the case of childbirth. See you.

With kind regards,

Lichtstad Midwives,
Connie Laarakkers, Marjolein Maas and Anne Nijland-Delmee (midwives)
Brigitte Broers (practice assistant)